# STABILITY AND RECOVERY OF COASTAL ECOSYSTEMS TO LOCAL AND GLOBAL RESOURCE ENHANCEMENT



# CHLOE MCSKIMMING

Presented for the degree of Doctor of Philosophy

School of Biological Sciences

The University of Adelaide

March 2015







Cover Image: Amphibolis Antarctica meadow, Lady Bay, Fleurieu Peninsula, South				
Australia. Photo credit: Sam Langholz.				
II				

**DECLARATION** 

I certify that this work contains no material which has been accepted for the award of any

other degree or diploma, in any university or other tertiary institution to Chloe

McSkimming and, to the best of my knowledge and belief, contains no material previously

published or written by another person, except where due reference has been made in the

text. In addition, I certify that no part of this work will, in the future, be used in a

submission in my name, for any other degree or diploma in any university or other tertiary

institution without the prior approval of the University of Adelaide and where applicable,

any partner institution responsible for the joint-award of this degree.

I give consent to this copy of my thesis when deposited in the University Library, being

made available for loan and photocopying, subject to the provisions of the Copyright Act

1968.

The author acknowledges that copyright of published works contained within this thesis

resides with the copyright holder(s) of those works.

I also give permission for the digital version of my thesis to be made available on the web,

via the University's digital research repository, the Library search and also through web

search engines, unless permission has been granted by the University to restrict access for

a period of time.

Chloe McSkimming

March, 2015

III

# **CONTENTS**

DECLARATION	III
CONTENTS	IV
ABSTRACT	VIII
ACKNOWLEDGEMENTS	XI
CHAPTER ACKNOWLEDGEMENTS	XIII
CHAPTER 1 – GENERAL INTRODUCTION	1
1.1 Human activities enhance resource availability	3
1.1.1 Local enhancement	3
1.1.2 Global enhancement	4
1.2 Resource enhancement influences primary productivity	5
1.3 Compensatory response of herbivores	8
1.4 Restoration to re-establish ecosystem structure and function	11
1.4.1 Global loss of seagrass ecosystems	12
1.4.2 Seagrass restoration	13
1.4.3 Seagrass restoration in South Australia	14
1.5 Thesis scope and outline	15
1 5 1 Thesis summary	16

CHAPTER 2 – COMPENSATION OF NUTRIENT POLLUTION BY HERBIVORES IN				
SEAGR	RASS M	EADOWS	19	
Sta	atement	of authorship	20	
2.1	l Ab	stract	21	
2.2	2 Inti	roduction	21	
2.3	3 Ma	terials and methods	22	
	2.3.1	Study site	22	
	2.3.2	Experimental design	22	
	2.3.3	Nutrient addition and grazer reduction	22	
	2.3.4	Response variables	22	
	2.3.5	Data analysis	23	
2.4	4 Res	sults	23	
2.5	5 Dis	cussion	25	
		– A TEST OF METABOLIC AND CONSUMPTIVE RESPONSES TO GLOBAL PERTURBATIONS: ENHANCED RESOURCES STIMULA	ГЕ	
HERBI	VORES	S TO COUNTER EXPANSION OF WEEDY SPECIES	28	
Sta	atement	of authorship	29	
3.1	l Ab	stract	30	
3.2	2 Intr	oduction	30	
3.3	3 Ma	terials and methods	31	
	3.3.1	Experimental design	31	

3	.3.2 Nitrogen and CO <sub>2</sub> addition	32
3	.3.3 Response variables	32
3	.3.4 Data analysis	32
3.4	Results	33
3.5	Discussion	34
Снарті	ER 4 – HABITAT RESTORATION: RATES, EARLY SIGNS AND F	EXTENT OF
FAUNAL	L RECOVERY RELATIVE TO SEAGRASS RECOVERY	37
State	ement of authorship	38
4.1	Abstract	39
4.2	Introduction	40
4.3	Materials and methods	42
4	.3.1 Restoration site and sampling design	42
4	.3.2 Response variables	45
4	Data analysis	46
4.4	Results	46
4.5	Discussion	53
Снарті	ER 5 – RAPID RECOVERY OF BELOWGROUND STRUCTURE A	ND
FUNCTI	ON OF A SEAGRASS HABITAT FOLLOWING RESTORATION	58
State	ement of authorship	59
5.1	Abstract	60
5.2	Introduction	61

	5.3	Materials and methods	63
	5.3	.3.1 Restoration site and sampling design	63
	5.3	.3.2 Response variables	66
	5.3	.3.3 Data analysis	66
	5.4	Results	67
	5.5	Discussion	75
Сн	APTE	er 6 – General discussion	79
	6.1	Disturbance by resource enhancement	81
	6.2	Compensatory responses maintain stability	83
	6.3	Recovery of ecosystem structure and function	86
	6.4	Future research	89
	6.5	Conclusion	92
REFERENCES9			94
АP	PEND	DIX A – PERMISSION TO REPRODUCE MATERIAL ACCEPT	TED FOR
ÐΠ	RLICA	ATION	118

#### **ABSTRACT**

Human modification of the abiotic environment can cause profound change to biological communities, yet many ecosystems that face intensive anthropogenic pressure can persist without undergoing major change. To understand the inherent stability of many systems facing human driven environmental change, we need an account of the mechanisms that allow ecosystems to withstand such change. Whilst it is well known that resource enhancement favours the growth of subordinate or weedy species over habitat-forming perennials, less is known about the inherent ability of herbivores to counter this increased growth. Throughout this thesis, I assessed whether such resource enhancement can encourage herbivores to compensate for the additional productivity of opportunistic algae that can cause the decline of seagrass habitats and the displacement of kelp forests.

Human activities can modify resource availability on local (e.g. nutrients) through to global scales (e.g. carbon dioxide). Anthropogenically derived nutrients can increase local resource availability in coastal zones, stimulating the overgrowth of seagrass by epiphytic algae, leading to the decline of seagrass habitats. By experimentally manipulating nutrient concentrations and herbivore abundance, I showed that herbivores are capable of reducing the effects of local nutrient addition in a seagrass ecosystem by consuming the increased production of epiphytic algae. Importantly, this work showed that although nutrient addition increased food availability, herbivore abundance did not increase in the grazed treatments, suggesting that the greater consumption of algae was due to an increase in *per capita* grazing and not grazer abundance.

Concurrent with the local enrichment of nutrients is the global accumulation of carbon dioxide (CO<sub>2</sub>), which can act as a resource for photosynthetic organisms that are carbon limited. Indeed, I found that experimental enrichment of both nutrients and CO<sub>2</sub> proved to have a greater influence on the expansion of algal turf than the provision of either resource alone, but only in the absence of herbivores. Elevated nutrients and CO<sub>2</sub> increased herbivore consumption, which was proportional to an increase in herbivore metabolism.

Where resource enhancement is ongoing, however, the influence of such change can overwhelm countering forces (such as herbivory) to the extent that the production of opportunistic algae escapes regulation and perennial species may be lost (e.g. seagrass decline on urbanised coasts). As the global loss of seagrass continues, efforts are made to restore lost meadows with the principle aim of restoring ecosystem function (e.g. faunal recolonisation). I used experimental restoration plots of known ages (1, 3 and 5 years) to test the rate of recovery of epifaunal composition and seagrass structure to that in an adjacent natural seagrass meadow. I found that whilst seagrass structure and epifaunal composition took three years to become similar to the natural meadow, epifaunal richness and abundance took one year. These results have suggested that recovering habitats may support similar ecosystem function as natural habitats before the full recovery of seagrass meadows themselves.

Restoration success is generally measured as the recovery of aboveground seagrass structure; which ignores the important role of the belowground element of a seagrass meadow that may not recover at the same rate. After quantifying the recovery of the aboveground components of the seagrass restoration plots, I determined the recovery of belowground components. I quantified elements of infaunal composition (e.g. richness and

abundance) and belowground seagrass structure of the same experimental restoration plots. I found that infaunal abundance and richness was similar to the natural seagrass after two years, the recovery of belowground biomass, however, took four to six years. These results have confirmed the suggestion that recovering habitats can support similar ecosystem function to natural habitats before the full recovery of seagrass *per se*.

In summary, compensatory mechanisms may play a pivotal role in enabling ecosystems to resist change and remain stable during periods of resource enhancement. Indeed, I demonstrated that compensatory responses were directly proportional to the magnitude of disturbance (or multiple disturbances) by resource enhancement. When ecosystems are lost as a result of resource enhancement, however, habitat restoration can be applied to reestablish ecosystem structure and function. I showed that recovering habitats may not need to be structurally similar to natural habitats in order to support similar ecosystem function. Recovering habitats may therefore have greater economic and social value than otherwise might have been expected.

#### ACKNOWLEDGEMENTS

First and foremost, I thank my supervisors Sean Connell, Bayden Russell and Jason Tanner for providing me with their time, guidance, expertise, and support and for helping me establish the basis of my scientific career. I thank Sean Connell for his enthusiasm, sharing his endless ecological knowledge, and being there for all my highs and lows. I thank Bayden Russell for his attention to detail, for providing support even when in another country and for always challenging me to think outside the square. I thank Jason Tanner for inspiring my interest in coastal ecosystems, particularly seagrass, for always being available to offer expertise, for being incredibly efficient when reviewing my work and for allowing me to use the facilitates at, and to work on projects with SARDI Aquatic Sciences.

Thanks to members of the Southern Seas Ecology Laboratories and the Marine Ecosystem Program who have shared this time with me as well as sharing laboratory space and field sites. In particular, I thank Nicole Mertens for being my 'rock' throughout my undergraduate and honours degrees and more importantly my PhD, for providing encouragement, assistance, a good laugh and a shoulder to cry on when needed. Thanks to my colleagues and good friends Gretchen Grammar, Skye Woodcock, Laura Falkenberg and Jennie Pistevos for being so understanding, and for giving me their time and advice no matter how busy they were. Thanks to Ben Florance and Sam Langholz for their assistance in the field and without whom chapter 2 would not have been possible; you will forever be known as 'my honours boys'.

Sincerest thanks to my incredible parents, Noelene and Alan McSkimming who have supported me both emotionally and financially through the most challenging time of my life thus far. For encouraging me to always go after what I want in life and for helping me to believe in myself. A big thank you also goes to my sister Elissa and brother-in-law Brenton for their endless support, and to my nephew Cooper and niece Grace for providing fun distractions and for sharing my love of the ocean. Thanks to my nanna Wanda and my grandma Peggy who both unfortunately passed away during the early stages of my PhD, but who have always inspired me to become an independent and strong person, I know they would both be proud.

Finally, thanks to my amazing friends, particularly Ben Feo, Joanne Rocca, Jacinta Siddall, Kerry-Anne Palzewski, Ashleagh Gillert, Katrina Redford-Brown and Jennifer Young for keeping me grounded, celebrating the highs and listening to me whinge about the lows and always pretending to be interested in my work even though the majority of the time they had no idea what I was talking about.

My sincerest thank you to you all, for without you this thesis would not have been possible.

# **CHAPTER ACKNOWLEDGEMENTS**

### Chapter 2

We thank B. Florance and S. Langholz for their valuable assistance in the field and laboratory. Thanks to L. Falkenberg for providing laboratory assistance. Financial support for this research was provided by an ARC grant to S.D. Connell and B.D. Russell, including a Future Fellowship to S.D. Connell, an APA scholarship to C.M and partly funded by the Nature Foundation of South Australia Inc. and the Dr Paris Goodsell Marine Ecology Research Grant.

## Chapter 3

This manuscript was invited by the Tenth International Temperate Reefs Symposium, Perth. We thank K. Wiltshire, E. Brock, N. Mertens and L. Falkenberg for their laboratory assistance. Our research was funded by, ARC Grants to S.D.C and B.D.R, an APA scholarship to C.M and SARDI Aquatic Sciences.

#### Chapter 4

We thank I. Moody, A. Dobrovolskis and L. Mantilla for their field and laboratory assistance. D. Fotheringham, S. Murray-Jones (South Australian Department for Environment, Water and Natural Resources), T. Flaherty (Adelaide and Mount Lofty Ranges Natural Resources Management Board), and M. Fernandes (SA Water) provided strong support for this work, and assisted with obtaining funds from their organizations. Part of this work was conducted under Australian Research Council (ARC) Linkage Projects to J. S. Quinton (Flinders University), S. Connell and B. Russell, including a Future Fellowship to S. Connell.

# Chapter 5

We thank K. Wiltshire, A. Dobrovolskis, S. Hoare and L. Mantilla for their field and laboratory assistance. D. Fotheringham, S. Murray-Jones (South Australian Department for Environment, Water and Natural Resources), T. Flaherty (Adelaide and Mount Lofty Ranges Natural Resources Management Board), and M. Fernandes (SA Water) provided strong support for this work, and assisted with obtaining funds from their organizations. Part of this work was conducted under Australian Research Council (ARC) Linkage Projects to J. S. Quinton (Flinders University), S. Connell and B. Russell, including a Future Fellowship to S. Connell.