Volume 4, Issue 7 October 2013

Roseworthy Student Newsletter



Inside this issue:

RW Residential College	2	Academic Skills Tuition	8
News from the Library and Follow	3	Student Care	8
You Printing		City to Bay Team 2013	9
Café & Tavern	4	Comedy on Campus	10
Charity Ball	4	Employment Services Lunch	11
Waite VS Roseworthy Sports	5	AUU Shop Sale	11
Steers Team 2013	5	Roseworthy Childcare Centre	12
AHEMS Student Experiences	6	JP on Campus	12
Student Support & Disability	7	Roseworthy Revue	12
Advisor		Open Day	13
Random Acts of Kindness Ideas Tree & Hat Day	7	Shell Ideas360	14



Diary Dates:

4th October Semester 2 Exam Timetable Released

8th-11th October Mental Health Week

9th October Charity Ball

10th October AUU Employment Services Lunch (Tappos 12-2pm)

Comedy on Campus Evening (Tavern)

11th October

Random Acts of Kindness Ideas Tree and Hat Day—win a prize! (Main Building)

17th October Roseworthy Revue (Wasleys)

23rd October Waite vs Roseworthy Sports (Main Oval, Roseworthy Campus)

27th October Open Day

30th October Roseworthy vs Village Soccer (Main Oval, Roseworthy Campus)

8th November Honours Poster Day

11th November Clinical Research Day

27th November School Research Day I hope you had a good break. Your exam timetable has now been released so make sure you check where your exams are being held and the days and times

Closing dates for applications for various things are coming up, including Summer Research Scholarships and Honours applications, so if you are thinking about these, make sure you apply by the closing dates. If you are interested in research and would like to see what other students are doing please come along to the Honours Poster Day 8th November, Clinical Research Day 11th November, School Research Day 27th November. For more information please visit the Main Building.

We are having an Open Day at Roseworthy on Sunday 27th October. This family fun day will show-case our new Equine facilities, have interactive activities, displays, demonstrations, discounted micro chipping, train rides for the kids, giveaways and tours of various facilities on Campus. The Equine Special Interest Group will be running the BBQ on the day so please come along support your fellow students. If you are interested in volunteering some time on the day please speak to Sue Jenkin in the Main Building. Feel free to promote to your family and friends.

NEWS FROM THE APO

We have also established a Confidential Student Feedback Box located on top of the Assignment Post Boxes in the Williams Building. I will be checking this fortnightly and actioning as required. You can remain anonymous. Any questions please let me know.

Good luck to this semester.

Kat

Kat Norris

Academic Programs Officer School of Animal and Veterinary Sciences

Tel: 08 8313 7797

Email: kat.norris@adelaide.edu.au

Please email any contributions for the Roseworthy Student Newsletter to Rebecca at

rebecca.dunbar@adelaide.edu.au

Roseworthy Residential College

Custance Centre Benches

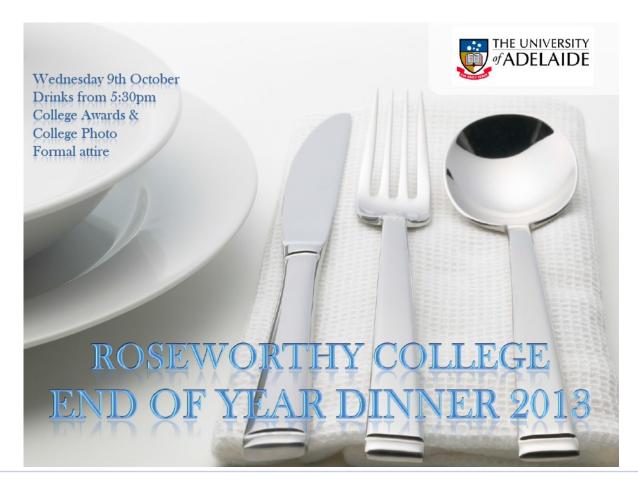
New benches have been installed in the Custance Houses and are now available for use. A great place to sit and relax or study in the sunshine!













NEWS FROM THE LIBRARY

PRINT QUOTA AND FOLLOW YOU PRINTING NOW AVAILABLE IN THE LIBRARY – Finally!



Follow you printing is now available at Roseworthy for students. This means that students can send a print job from any computer in the computer suites in the Library (or Leske Building, Hall 1 Study Room, House 42 or the E-Learning Suite) and release (print) the job at any Fuji Xerox student printer. If you need to register for Follow You printing you can do so in the Library or at Student Services.

Library Hours - Semester Times

 Monday
 8.30am - 9.00pm

 Tuesday
 8:30am - 6:00pm

 Wednesday
 8.30am - 9.00pm

 Thursday
 8:30am - 6:00pm

 Friday
 8:30am - 5:00pm

 Saturday/Sunday
 CLOSED

Sunday openings—Semester 2

Don't forget that the Library will be open for the last 4 Sundays of Semester 2 from 1pm – 5pm on:

October 27^{th} , November 3^{rd} , November 10^{th} , and November 17^{th}

You must have your student ID card registered to

To check, tap your card over the reader. If "Login Failed" appears, please see staff in either the Library or Student Services to have your card registered.

How to print

Tap your card over the reader to Log On. From here you will be able to release print jobs.

To release your print job

- 1. Select [My Print Jobs] button
- 2. Select your desired print job
- 3. Select [Print] button
- 4. Select [Log Out] button to finish.



With Follow You printing, you can print from all Roseworthy student labs and release your prints from the following printers:

Leske G12a and G19 Computer Lab 2 Residential Hall 1 G20b Study Room Roseworthy Library

Café and Tavern





roseworthy.cafe@adelaide.edu.au 8313 7662

MAITIDLI CAFE NEWS

Opening times 8am to 5pm

WHAT'S NEW?

Chef's salad of the day!

Each day the chef will tantalise your taste buds with a refreshing different salad made fresh daily!

Our usual salads and salad bar will also be available!

Don't forget to utilise our pre-order/prepay system, especially on those busy days! Phone orders are most welcome..37815!

ROSI TAVERN NEWS

NEW

Tav Thursday arvos!

Students have requested that we open the tavern Thursday afternoons, so we are giving it a go!

We will be open from **3pm to 5pm!**

See you there!

FRIDAYS

Knock off and nibbles

4pm to 6:30pm

Meet new people or treat your staff, after a hard week at the office!

All welcome!





SAVE THE DATE
WAITE VS ROSEWORTHY
SPORTS

23rd of October

The annual Waite vs Roseworthy Sports competitions are happening on **Wednesday Week 11** this semester! Come

and watch or participate in our **netball** and **football**

showdowns and then enjoy the night and meet some new people! Feel free to bring you swag and stay the night, toilets and showers are available as well as undercover areas to sleep.

Please like the R.A.C.S.U.C. **facebook page** a keep an eye out for more details! Or for more information please contact RACSUC on racsuc@adelaide.edu.au



Congratulations to the Steers Team for their group and individual achievements in the Gawler and Royal Adelaide Shows.

Student Associations and Special Interest Groups

For more information about Student Associations and Special Interest Groups within the School of Animal and Veterinary Sciences www.adelaide.edu.au/vetsci/students/studentwebsite/

Student AHEMS Experience

Melissa Holmes

My AHEMS journey began in a small town on the West Coast of South Australia. Being an avid supporter for the abolition of factory farming, I wanted to see for myself the feasibility and sustainability of free range pig farming. At the end of the hard, hot, dusty placement I was convinced of the way of the future (ironically to return to the past!).

My AHEMS continued from the West Coast to the Fleurieu Peninsula where I admit to now being a little captivated by alpacas! This placement provided the opportunity to halter train cria, assist with matings, and to observe a post mortem. Then on to the Yorke Peninsula to prepare some feisty yearlings for Magic Millions sales. A number of my placements have been in the Adelaide Hills including beef cattle where I was able to learn an enormous amount about Charolais and Simmentals, administer antibiotics, and assist the vet in removing a 'foetal monster' which had died

inside a cow. My sheep placement was one of the most interactive and amongst many things I assisted the vet with blood sampling for Brucellosis testing and tag & weigh newborn Border Leicester x Merino lambs - there is nothing like newborn lambies! On a recent equine placement I was able to enjoy some sooky horses used for classical riding snuggle up to me in the paddocks – always a bit awkward when a massive horse thinks it's a Chihuahua!

Each and every placement has provided me with the opportunity to develop safe, practical handling skills and to learn more about the people behind the animals – their motivation, their drive, and to admire their determination. Their commitment is astounding and I have appreciated the knowledge they have unselfishly shared which undoubtedly contributes to my ongoing development. The diversity of supervisors at placements, whilst occasionally a little challenging at the time, only further supports & assists in developing our abilities to interact with a wide range of clients in the future.

There is one area as a result of AHEMS that has stirred something within me that I know will, at

times, break my heart – shelter medicine. If I hadn't had the experience provided through AHEMS, I may not have further explored the passion I have for this area...I even found myself looking at specialist residency programs in the U.S. and then reality hit like a lightening bolt that I really should worry about finishing these two degrees first!

I consider a veterinary career to be of broader social implication than simply the treatment



of animals and I recognise the value AHEMS/EMS provides in shaping our knowledge and opinions. There are so many areas where we can have positive influence, for example - I believe as future veterinarians we have role to play in providing input into Code of Practice improvements, particularly with respect to animal welfare standards – and we need to have had exposure and experience in order to provide an informed, valued opinion on what is feasible and achievable.

The experience we obtain from talking to people from a wide variety of situations helps to be better able to recognise behaviours/animal injuries that are outside the norm or not consistent with what the client is saying. This assists in identifying and recognising broader social issues such as hoarding behaviours or domestic abuse (a large proportion of animals are harmed in domestic abuse situations) and the importance of support services to assist – including temporary homing of domestic abuse pets so victims can rebuild their lives & take their pet(s) home when they're ready. This avoids further perpetuating the isolation of domestic abuse victims by

perpetrators as their dogs/cats may be their only companions who provide unconditional affection and to loose them too is emotionally unbearable.

It has been my observation both generally and during AHEMS that often people suffering from mental health issues prefer the company of animals and subsequently invest their entire time in the safe surrounds of their property/enterprise. Being aware of this on placement has reaffirmed for me the valuable role of ani-

mals in reducing dissociaexperiences building resilience for those with Acute Stress Disorder/Post Traumatic Stress Disorder and often compounded by depression. As future veterinarians, this experience is valuable for the interactions we will have with clients and, for those that are interested, having input into developing animal related programs to provide effective treat-

I certainly feel privileged to have had the experiences and exposure that EMS has provided so far

and to be surrounded by a committed group of students & staff. I wait with keen interest as I know that lurking amongst them is the future Australian Animal Rights Commissioner!



STUDENT SUPPORT AND DISABILITY ADVISOR

Sally Polkinghorne

Phone: 8313 7932 Email: sally.polkinghorne@adelaide.edu.au

G27, Williams Building Roseworthy Campus University of Adelaide www.adelaide.edu.au/student/support/roseworthy

Study (verb) - the act of texting, facebooking, eating and watching TV with an open textbook nearby.

If this definition of studying is all too familiar then you might be starting to hit the...



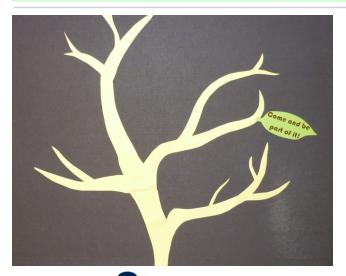
It's important to feel prepared and confident as you approach exams, however, most students experience some level of stress and anxiety at exam time.

For tips and advice visit "Effortless Exams - Managing Exam Stress"

www.adelaide.edu.au/counselling centre/resources/brochures/exams.html

or contact Sally Polkinghorne – sally.polkinghorne@adelaide.edu.au

PS Did you know that the **School of Education run workshops** on Test Preparation Strategies and Test Taking Strategies. They also see students for individual consultations. Phone: 8313 0694.



Random Acts of Kindness Ideas Tree & Hat Day

Join us this Friday 11th October for Hat Day. Wear a hat to promote Mental Health Week and you could win a \$50 gift voucher!

Contribute to the Random Acts of Kindness Ideas Tree and receive an ice -block. The three best ideas will win a \$20, \$30 & \$50 ITunes voucher! Located in the Main Building foyer outside the cafe during lunchtime.



Academic Skills Tuition

Help with Writing Skills

Now available at Roseworthy campus

Dr Dana Thomsen will be hosting Writing Skills Drop-in Sessions to help students with any writing issue from researching and planning your work through to the final edit. Develop your writing skills and reap the rewards of improved grades.

Monday, Thursday, Friday 12 noon - 1 pm Foyer of the Main Building



FREE HELP AVAILABLE TO ALL RW STUDENTS:

Undergrad, DVM, Hons, Post-grad

Student Care.

Education and Welfare Officers 8313 5430

studentcare@adelaide.edu.au

Education and Welfare Officers are able to provide advice, support or information on; academic complaints, grievances and student rights issues, accommodation assistance, loans and small grants, information and referral for any issue which affect a student's ability to study, as well as Centrelink, taxation and legal assistance.

For an appointment please call 8313 5430 or

email studentcare@adelaide.edu.au

An Education and Welfare Officer will able so apply now! Health Grants are come to Roseworthy to meet with you or funded by your SSAF fees and brought accompany you to any academic meet- to you by Student Care, part of the ing that you need to attend if necessary.

Struggling with Medical bills?

Health Grants are now available to students in financial need to cover health- The Walter Dorothy Duncan Trust related expenses, including:

- ◆Specialists such as Physiotherapist and Chiropractor
- ◆ Dental bills
- ♦ High medication costs
- ◆Psychologist appointments

Ring Student Care or ask Tracey in the AUU office for an application form and to find out more. Limited funds are avail-

Adelaide University website: www.auu.org.au.

Grants

provides financial assistance with educational costs for students who do not have sufficient funds to further their studies, including projects of merit i.e. exchange trips or to purchase necessary resources. This grant is only for continuing students who have completed at least Psychiatrist one semester at the University of Adelaide and who have demonstrated academic merit. Grant amounts varv depending on need, and availability of funds. Please contact Student Care on 83135430 for further information.

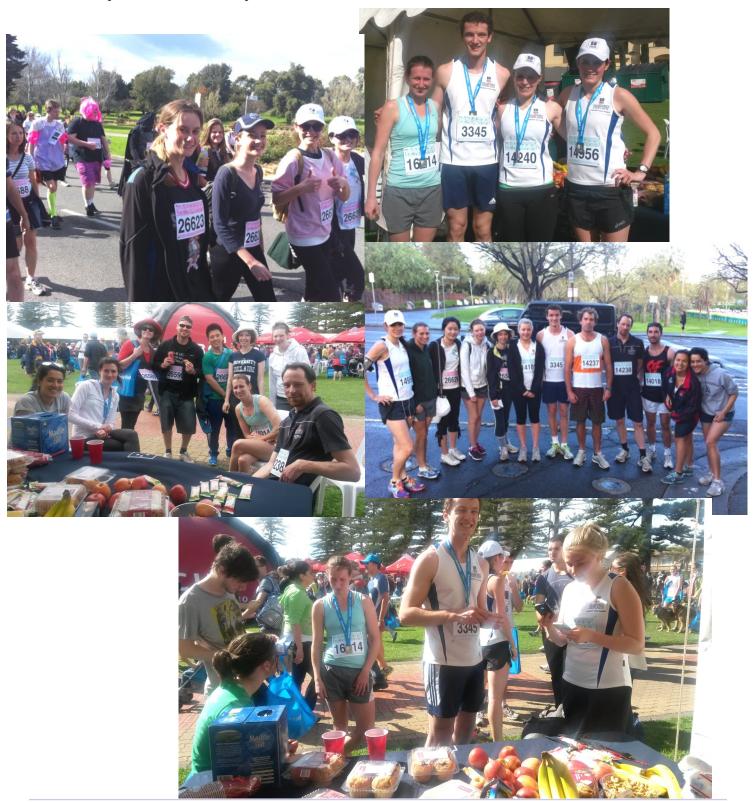
Congratulations Roseworthy Campus City to Bay 2013 Team

worthy Campus who participated in this year's clocking fantastic times, including some under for supporting the team! City to Bay Fun Run. Joining the crowd of 60 minutes! With smiles on after a great effort 40,000; half ran and half walked the 12km and health and wellbeing at our core the team stretch from the northern edge of Adelaide's relaxed under our tent in Wigley Reserve with CBD down King William Road and Anzac High- munchies and drinks.

15th September saw an early start for twenty- way to the beachside district of Glenelg. Beau- A big thanks to the Roseworthy Residential

four staff and students representing the Rose- tiful weather saw individuals cross the line College, AUU and International Student Centre

Look out for registrations in 2014!!!





Employment Services Lunch

Thurs 10 October 12pm - 2pm Tappos Lounge



- Roseworthy Union Office open 10.00am – 2.00pm Monday – Friday.
- * Learn about volunteering opportunities
- * Get help with job hunting
- * Enjoy a free lunch!



End of Year Sale @ the Union Store

50% OFF

Food and Essentials

25% OFF

University Clothing & Souvenirs, Stationery Medical Equipment and selected Coveralls

Sale ends November 30

Terms and Conditions apply.

Excludes: Gym membership, EMS and Animal Science Clothing.

Discounts don't apply in conjunction with other offers and promotions.

Valid at the Research Valid or store only.



Roseworthy Campus Childcare Centre



ROSEWORTHY CAMPUS CHILD CARE CENTRE Inc.

NOW INCLUDING - PRESCHOOL

For 25 years our not for profit, community based, family orientated centre has been known for high quality child care for children aged 3 months to 6 years. We now have an experienced, qualified Early Childhood Teacher running our Preschool program.

Only ten minutes from Gawler, located on the University of Adelaide, Roseworthy Campus, we have a high staff to child ratio, with a maximum of 30 children.

Two well equipped, safe play areas with lawn, sandpits, swings and bike track. Access to farm animals. A nutritious menu supplied daily. Nappies supplied. CCB approved.

Hours of Operation

7.30am to 6.00pm (Full Day) 7.30am to 1.00pm (Morning) 1.00pm to 6.00pm (Afternoon)

Roseworthy Campus, The University of Adelaide, ROSEWORTHY, SA, 5371 Tel: (08) 8521 2895 (08) 8313 7895

JP on Campus

To you need certified copies of documents?

Ian Cooper is a Justice of the Peace (JP). Ian is teaching on the Roseworthy Campus on Mondays and Wednesdays.

To request a time to see him please email ian.cooper@adelaide.edu.au.

Bring the original documents and Ian will have them copied with the appropriate certification.

A JP is also available in the Gawler Council Offices in the main street of Gawler. Every Thursday and Saturday 10:30am - 12:30pm a Justice of the Peace will be in attendance at the Gawler Council Offices at 89 Murray Street, Gawler. This is a volunteer service provided by the Barossa & Districts Justices Group and coordinated by Gawler Public Library.

For more information on this service please Tel. 08 8522 9213.

www.gawler.sa.gov.au/page.aspx?u=640





Veterinary Health Centre Roseworthy Campus

Come and see:

- > Interactive activities
- > Live displays and demonstrations
- > Refreshments
- > Meet staff and students
- > Discounted Microchipping
- > Tours of the four centres including the new Equine Centre
- > Museum open
- > Train rides
- > Give aways

Address:

Roseworthy campus: Mudla Wirra Road, Roseworthy, SA 5371 (11kms North of Gawler)

For information:

Telephone: 8313 1999

Email: vet_reception@adelaide.edu.au





Shell Ideas360 is a global competition organised by Shell International for students to develop game-changing ideas for tackling Energy, Water and Food issues.

Even the simplest of ideas has the power to transform lives and positively impact society. At Shell, we believe human ingenuity holds the key to unlocking innovative thinking. This competition is a way of fostering innovation and, potentially, turning your idea into reality.

Why take part?

Shell Ideas360 invites you to become part of an international community of like-minded students and learn skills that will be invaluable for your studies and future career.

- The chance to win a 'once in a lifetime' National Geographic Expedition
- The best ideas will be considered for funding by the Shell GameChanger Programme
- If you reach the later stages of the competition, you'll work with Shell subject matter experts and mentors to develop and refine your idea
- Finalists will be flown to Rotterdam, the Netherlands, in May 2014 to present their final ideas and attend the Shell Eco-Marathon. You will also meet an exclusive group of business and thought leaders

Shell Ideas 360



