

Roseworthy Student Newsletter

Page 1

NEWS FROM THE APO

Welcome back from holidays. Your exam timetable has now been released so make sure you check where your exams are being held and the days and times.

Closing dates for applications for various things are coming up, including summer research scholarships and Honours applications, so if you are thinking about these, make sure you add them to your must do list!

The Student Experience of Learning & Teaching (SELT) Evaluations will be occurring over the next three weeks in many classes. There are different SELTs - some are for the teaching staff, others are for the course (or elements of that course) and then there are the program level SELTs (where you respond in relation to the entire year and how everything fit in together, not just the actual class you are sitting in at the moment). Please make sure you know what the SELT is for and complete it as the responses are looked at by the various program working parties to work out if any changes need to be made.

Dr Di Barton
Academic Programs Officer
School of Animal and Veterinary Sciences

Locker keys...

For those of you that have a key for one of the lockers in the change room areas of the Vet Building....

If you are leaving Uni at the end of this year, you will need to return your key to Rebecca in the front office of the Main Building at Roseworthy before the end of exams. If you do not, you will receive a bill for \$20 for payment for the key. Non-payment will result in a NSI on your record and will prevent you from being able to graduate until the bill is paid.

For those of you returning next year, you can keep your key (unless you want a new locker – then, see Rebecca in the front office).



Please email any contributions to the Roseworthy Student Newsletter to
Rebecca at rebecca.dunbar@adelaide.edu.au

DIARY DATES

Friday 26th October -
Classes End

3rd - 17th November -
Exams

10th - 15th December -
Replacement / Additional
Assessment Exams

Inside this issue:

Residential College News	2
Library News	3
Bali Street Dogs BBQ Thu 18th October	4
Student Care Services campus visit 18th Oct	5
Exam assistance and Tax Return Help	6
World Day Thu 11th October	7
Waite vs Roseworthy Netball & Footy game	8
AUU	9
Student Support & Disability Advisor	10
Mental Health Week 8-12 October	11
Chaplin's message	12

ROSEWORTHY RESIDENTIAL COLLEGE



THE UNIVERSITY
of ADELAIDE

SENIOR RESIDENT APPLICATIONS 2013

Are you a leader with the passion and commitment to help bring Roseworthy Campus to life?

We are looking for students who are prepared to commit to building student leadership and social activity programs in conjunction with the management of The Roseworthy Residential College in 2013.

You will be a person that can communicate effectively, is willing to take responsibility, enjoys working as part of a small team and demonstrates a high standard of personal behaviour and academic endeavour.

Applications for Senior Resident in 2013 will **close Friday 12th October**.

The position description and application forms are available by contacting David Purdie, Manager Student Services at david.purdie@adelaide.edu.au.

2013 RESIDENTIAL APPLICATIONS

Applications are now open and offers for places within the residential college for 2013 will be issued in the coming weeks.

The residential colleges core values are to:

- *Promote a strong sense of community.*
- *Achieve a high level of academic success.*
- *Live in a spirit of friendship.*
- *Encourage inclusion, discourage segregation.*

Please feel free to visit the college office and make a time for a tour of the residential facilities.

Apply online at: www.adelaide.edu.au/accommodation or visit the college office in the main building.

David Purdie
Manager, Student Services (Roseworthy)



Kick off 5:15pm
Thursday 18th October
Roseworthy vs Village
Soccer Match
Roseworthy Campus
Main Oval





NEWS FROM THE LIBRARY

Library Hours - Semester Times

Monday – Thursday	8:30am – 6:00pm
Wednesday	8.30am – 9.00pm
Friday	8:30am – 5:00pm
Sunday	1:00pm – 5:00pm

NEW LIBRARY PRINT/COPY SYSTEM COMING

No Demerit Points – but..... Reserve and High Use items

Please be aware that although we are trialling no demerit points, **high use items, (Reserve and recalled items) not returned will be invoiced very quickly and blocks on borrowing may be placed.**

Please ensure you return any Reserve items or recalled items by the due date.

Wednesday night opening till 9pm

We have been trialling opening till 9pm on Wednesday nights. We would welcome any feedback on this trial – ie: have you taken advantage of the late opening, would another night have been more suitable for you.

Please email the library direct with any feedback.

roseworthy.library@list.adelaide.edu.au

New Library print/copy system coming

A new Library print/copy payment system is coming in **2013** so please add **SMALL AMOUNTS ONLY** to your existing account. The new system will operate at all of the University of Adelaide Libraries.

NO REFUNDS will be given on the old system so please **Use up your current credit this year!**


BBQ FUNDRAISER FOR THE BALI STREET DOGS

Date: **Thursday 18th Oct**


Time: **11.30-2pm**

Location: **Undercover, in front
of the RW library**

 Sausages & Drinks \$2

 Raffle on the day tickets \$1ea

We've had great prizes donated for our fundraising raffle including a selection of books including for small animal nutrition, exam survival kits, Moët & Chandon Brut Impérial and an assortment of Australian red and white wines. With raffle tickets only \$1 each, you'd be mad not to buy any!

 Donations of cash and/or supplies (vet supplies, vitamins etc...) welcome on the day.



Little Dottie



Dottie now!



Hairless Onyx



Onyx today!



Lucky before ...



6 months later!

**All Proceeds to the Bali Adoption & Rehabilitation Centre,
who vaccinate, sterilise and rehome the street dogs of Bali.**



Student Care -

Education and Welfare Officers

provide confidential advice and support on a range of issues.

If you would like to discuss any of the following

- Advice, advocacy and representation in academic complaints, grievances and student rights issues
- Accommodation assistance
- Loans and small grants
- Information and referral for issues which affect a student's ability to study
- Centrelink, tax and legal assistance

An Education & Welfare Officer will be attending Roseworthy on **Thursday 18th October** between 11am-2pm in the Leske Building in room G 13.

Employment services

Sophie Larsen from Employment Services will also be visiting Roseworthy Campus on **Thursday 18th October** between 11am-2pm if you require assistance with casual and part time employment, resume preparation and any part time work related issues.

For appointment please call 8313 5430 or email studentcare@adelaide.edu.au and Rosemary will book you in.

To **book an appointment** for *Thursday 18th October* with an Education Welfare Officer or the Employment Service please call **8313 5430** or email studentcare@adelaide.edu.au and Rosemary will book you in.

Grants -

Walter Dorothy Duncan Trust

The Walter & Dorothy Duncan Trust provides financial assistance with educational costs for students who do not have sufficient funds to further their studies, including projects of merit i.e. exchange trips or to purchase necessary resources. This grant is only for continuing students who have completed at least one semester at the University of Adelaide and who have demonstrated academic merit. Grant amounts vary **depending on need**, and availability of funds. **Please contact Student Care on 83135430** for further information and an application form.

Free Legal Service

A free legal service is available on Tuesday afternoons and can assist with issues such as family law, traffic and minor criminal offences, consumer complaints, tenancy, debt, and neighbour disputes. Advice is provided by qualified Legal Practitioners and one hour appointments can be made by phoning **Student Care on 8313 5430**.



Student Care -

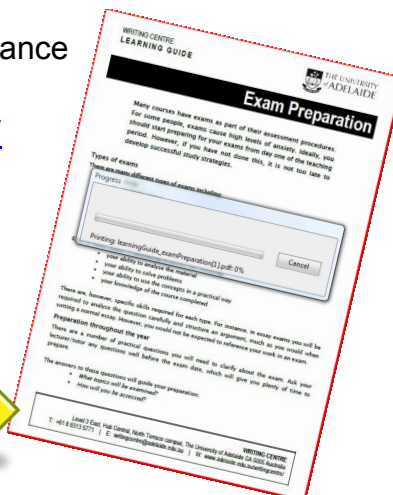
EXAMS

Classes end for Semester 2 on October 26.
Exams commence one week later.
Assignments are due and on top of this exam preparation should also be starting. Don't fall into a trap of rushing everything at the end and not doing you justice. Have a plan to pace your work so that it is all done on time.

Remember to:

1. Reference all work that is not your own in assignments.
2. Seek an extension if needed early.
3. Set up a calendar and block out exam prep sessions.
4. Seek support if you feel you don't have everything under control.
5. Check your exam timetable and make sure you go on the right day at the right time.
6. Go to the exam with ONLY what you are permitted to take in. DO NOT take in unauthorised materials. If in doubt ask a staff person, NOT your friend.
7. See an Education and Welfare Officer if you are concerned or need help with any of the above.
8. View this link for further assistance
http://www.adelaide.edu.au/writingcentre/learning_guides/learning-Guide_examPreparation.pdf

Hard copies available from the display outside the Front Office window in the Main Building.



TAX HELP 2012

- Q. Are you a student at University of Adelaide?
- Q. Do you need help with your tax return?
- A. Tax Help is an initiative of the Australian Taxation Office.

A free on-campus service is available to assist students with simple income tax returns and queries if your income was less than \$50,000 in 2011/12.

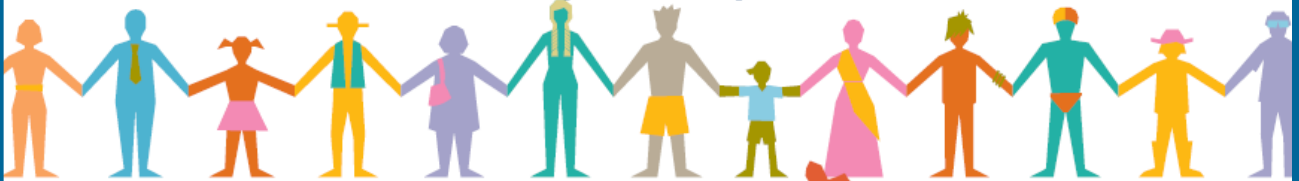
To make an appointment, contact **Student Care on 8313 5430**.

This service operates from Monday 30 July 2012 until Friday 26 October on Mondays, Tuesdays and Wednesdays and is brought to you by Student Care Inc, an affiliate of the Adelaide University Union.



WORLD DAY

Roseworthy Campus
Thursday 11th October
Tavern Lawns
12pm - 2pm



LIVE
music &
performances

**A CELEBRATION
OF CULTURES!**
food from \$1

International
Student
Centre





ROSEWORTHY AGRICULTURAL CAMPUS
STUDENT UNION COUNCIL

presents

WAITE VS Roseworthy

NETBALL & FOOTBALL GAME

5.30 PM, @ ROSEWORTHY OVAL & NETBALL COURT

FEATURING: THE RED FROG REHYDRATION STATION!

PARTY ON @ THE TAV FROM 7.30PM, WITH:

FREE

LAMB ON THE SPIT, SALADS, VEGETARIAN OPTIONS...

+ DRINK SPECIALS & DJS

**WEDNESDAY 10TH OCTOBER
ALL WELCOME!**

The AUU office will be reopening on October 15th.
New opening times:
Monday – Friday 10am – 2pm.



WELCOME TRACEY

THURSDAY 18TH OCT
12PM - 2PM



COME SAY HI TO TRACEY
@ THE AUU OFFICE
& GRAB YOURSELF A
FREE V ENERGY DRINK!



MAITIDLI CAFE NEWS

Regular Opening times: 8am to 4pm

Chef's salad of the day has returned after the semester break!

Working back late? Why not drop in for dinner? We are open from 6pm to 7:30pm

Don't forget to utilise our pre-order/pre-pay system, especially on those busy days! Phone orders are most welcome..37815!

Book your upcoming function with us now!



ROSI TAVERN NEWS

THURSDAYS

8pm till late during term time only

FRIDAYS

Knock off and nibbles 4pm to 6:00pm

Meet new people or treat your staff, after a hard week at the office!

Bar snacks available from 4:30pm

Look out for the next date that "Crafty" will be booked for the Tavern.

STUDENT SUPPORT AND DISABILITY ADVISOR

As exams approach if you need some **tips for success** or **strategies for exam anxiety** please feel free to contact the Student Support and Disability Advisor, Sally Polkinghorne.

A selection of **handouts** are also available in the display near the Front Office window in the Main Building.

Sally Polkinghorne

Phone: 8313 7932 Email: sally.polkinghorne@adelaide.edu.au

G27, Williams Building Roseworthy Campus University of Adelaide www.adelaide.edu.au/student/support/roseworthy

Mental Health Week

October 8th - 12th

Tips for good mental health

BE ACTIVE

It's good for your mood, improves sleep & increases your energy!

TAKE CARE OF YOURSELF

Pay attention to your own needs and feelings. Do things you enjoy and find relaxing and have fun!

CONNECT WITH OTHERS

Good relationships with family and friends are important. Accepting help and support from those who care about you can help reduce stress.

PRIORITISE

Set realistic goals and take small steps to deal with tasks one at a time.

TAKE ACTION

Make a decision to address the underlying cause of the stress.

KEEP THINGS IN PERSPECTIVE

Avoid blowing events out of proportion.

STAY POSITIVE

Find the positives in life and focus on them.

EAT WELL

Eating well can increase energy and influence moods.

ENJOY THE SUNSHINE

10-15mins sun exposure per day 3-4 times per week (before 10am & after 3pm with no sunscreen) increases vitamin D levels. A lack of vitamin D is related to depression. Vitamin D is also necessary for melatonin production essential for sleep!

IMPROVE YOUR SLEEP

Aim for 8 hours a night

WHAT MESSES WITH YOUR HEAD?

Share how you clean up your mess for your chance to win \$200. Enter online between 8 - 11 October at ua.edu.au/hub-central/mhaw



**WIN
\$200
VOUCHER**

**MENTAL
HEALTH
AWARENESS
WEEK**
8 - 12 October

Chaplin's message

- The Dean of Roseworthy, Ian Reid will be giving the address at the end-of-academic year service planned for Thurs. 25th October at 12.10pm in the Roseworthy Memorial Chapel. To be followed by light refreshments. Phone: 0424 972 033.
- I plan to be roaming the campus on Wednesday afternoons and be resident in the chapel vestry on Thurs. 12 - 5pm. Pastoral care for students, teachers and staff is available to suit the individual and can be arranged any day to suit. All welcome.
- I will not be available from 18th - 23rd October as I will be attending a theological seminar in Melbourne.
- Am praying for the well-being of all and success in exams.
- Roseworthy Memorial Chapel is now on facebook. Please "LIKE".
<https://www.facebook.com/roseworthymemorialchapel>



Ilze Coombe,
Chaplain at Roseworthy Campus

Ph: 0424 972 033. Available for chats on campus in the Roseworthy Memorial Chapel on Thursdays 1.15 - 5pm. Other times and places by arrangement.

ROSEWORTHY AGRICULTURAL MUSEUM HERITAGE MACHINERY DAY

SUNDAY 21st OCTOBER 2012 10AM TO 4PM

ADMISSION - \$5 ADULT \$12 FAMILY

DISPLAYS OF WORKING STATIONARY ENGINES, TRACTORS,

FARM MACHINERY AND BLACKSMITHS IN ACTION

TEA, COFFEE, CAKES & SAUSAGE SIZZLE AVAILABLE

CONTACT - GEOFF 0400 195 857

