DESCRIPTION OF PATIENT FLOW IN AN INDONESIAN EMERGENCY DEPARTMENT OF A MAJOR TEACHING HOSPITAL

I Putu Budiarsana

A thesis submitted for the degree of Masters of Nursing Science,

The University of Adelaide

School of Nursing
Faculty of Health Science
The University of Adelaide

October 2015

Table of Contents

Chapter 1 Introduction	1
Introduction	1
Context of the Study	1
Sanglah General Hospital Profile	1
Facility	1
Staffing	2
Patient flow	3
Purpose of the Study	5
Research Questions	5
Aims and Objectives	5
Significance of the Study	6
Assumptions	6
Definitions of terms	6
Outline of the Study	7
Conclusion	8
Chapter 2 - Literature review	9
Introduction	9
Search Strategy	9
Emergency department in developed countries	9
Emergency department in Indonesia	10
Sanglah Hospital Emergency Department	11
Analysing Patient Flow	11
Factors that contribute to disruption of patient flow in emergency department	ts 11
Emergency department length of stay	12
The impact of impeded patient flow	15
Initiatives to reduce overcrowding and access block	16
Altering the arrival process	17
Altering the queueing process	17
Altering the service process	19
Modelling Approaches for Emergency Department Patient Flow and Crowding	Research20
Balance score cards	21
Discrete event simulation	21

Queuing theory	22
Statistical forecasting	22
Workflow diagramming	23
Lean thinking	23
Process mapping	24
Patient flow analysis (PFA)	24
Conclusion	25
Chapter 3 – Methods	26
Introduction	26
Study plan and design	26
Design	26
Study Population	27
Ethical issues	27
Recruitment strategy	29
Study setting	29
Sampling	29
Data collection	30
Issues of Validity and Reliability	32
Data analysis	32
Conclusion	33
Chapter 4 Results	34
Introduction	34
Data Analysis	34
Response Rate	34
Statistical Analysis	34
Descriptive analysis	35
T-test and one way ANOVA	40
The result of multiple regression statistics	42
Conclusion	44
Chapter 5 Discussion	45
Introduction	45
Restatement of the problem	45

	Summary of description of procedures	46
	Major findings and their significance to clinical practice	47
	Emergency department length of stay	47
	Laboratory Turnaround time (TAT) in the SHED	50
	Other possible factors that contribute to prolonged ED LOS in the SHED	57
	Study Limitations	59
	Recommendations for further investigation	60
	Conclusion	61
R	References	62
A	Appendices	71

Index of figures

Figure 1 Patient flow in the SHED	3
Figure 2 Map of Sanglah Hospital Emergency Department	4
Figure 3 Approximate age	35
Figure 4 Case type presenting to the ED	36
Figure 5 The waiting time for an inpatient bed	37
Figure 6 The mean and standard deviation for patient's journey interval for	
admitted patients	38
Figure 7 Mean and standard deviation for patient journey intervals for	
discharged patients	39
Figure 8 Phases in laboratory testing	54

SIGNED STATEMENT

I certify that this work contains no material which has been accepted for the award of

any other degree or diploma in any university or other tertiary institution.

To the best of my knowledge and belief, this work contains no material previously

published or written by another person, except where due reference has been made

in the text.

I give consent to this copy of my thesis, when deposited in the School of Nursing

Library, being available for loan or photocopying.

.....

I Putu Budiarsana

26th November, 2015

vi

ACKNOWLEDGEMENT

I would like to express my gratitude to my supervisors: Dr David Foley and Mr. Ian Everett for their excellent guidance, encouragement and support.

I would like to thanks to Human Research Committee of the University of Adelaide and the Udayana University, Bali and Indonesia for providing ethical approval for my research. I would like to say thank you very much for the director of Sanglah Hospital, Bali Indonesia to give me permission to conduct research in the Sanglah Hospital Emergency Department (SHED).

Also I convey my special thanks ambulance nurse that helped me to collect data. I acknowledge special contribution of the nurse director of emergency department, nurse unit manager and nursing staff at the SHED.

I thanks to good that keep my healthy during write my thesis. To my wife (Gst Ayu Sri Margiani) and my daughter (Mitha) and my son (Dipa), this thesis is dedicated to you. Thanks to my parents for your support and prayers.

ABSTRACT

Patients in Sanglah Hospital Emergency Department (SHED) may experience delays for a variety of reasons. However, it is difficult to identify the exact factors that contribute to delays or how much delays contribute to waiting time. The main purpose of this study is to form complete descriptions of patients' journeys through the emergency department (ED) in order to identify delays that contribute to crowding in the SHED.

This is a descriptive study using prospective patient flow analysis (PFA). Data was collected on 12 patients (approximately 10per cent¹) per day for eight days. Patients who presented between 12 midday and 8 pm were enrolled. This study capture period was chosen as it is the peak period in the ED. Steps of the patients journey in the SHED were separately timed. Multiple regression was used to examine the association between independent variables and dependent variables of time at each point and total ED LOS time.

There were 96 patients observed and a complete set of data points were collected from these participants. There were significant differences in the mean (log_{10}) of length of stay (LOS) time according to triage level, arrival modes, arrival types, case types, cubicle areas, decision to admit, waiting for bed availability, discharge/admitted, turnaround time for consultation to other specialisation, imaging turnaround time, laboratory turnaround time and ED bed to nurse (p<0.05). However, a multiple regression analysis determined that only pathology requests had a statistically significant effect and unique contribution to ED LOS (Beta=-0.227, p = 0.009).

In the SHED, laboratory turnaround time is associated with delay that contributes to ED crowding. Improving laboratory turnaround time during the pre-analytic and post analytic phase may reduce ED LOS, which in turn should reduce ED crowding.

-

¹ 44997 patients presented in 2014, a mean of 122 patients per day.